



Invent an Olympic Sport

KEY LEARNING:

Designing a new sport encourages students to think creatively and innovatively. They have the opportunity to experiment with different rules, equipment, and play styles, which fosters imaginative thinking and problem-solving skills. Developing and playing a new sport can be a fun way to stay active and healthy. It encourages physical fitness while allowing students to engage in exercise in a way that's enjoyable and motivating. Making their own sport provides students with a multifaceted learning experience that goes beyond traditional classroom activities, fostering a range of valuable life skills.

GOAL OF THE ACTIVITY:

Students can create their own sport or game.

WHAT YOU NEED:

Print template below.

DIRECTIONS:

1. Students fill out the template.
2. Students can take turns explaining their sport and demonstrating to the class.
3. The class can try out their favourite new sports or games.



SHOW & TELL

Upload images of the Olympic Designs to our [Dare to Believe Gallery](#).



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SPORT NAME:

NUMBER OF PLAYERS:

EQUIPMENT:

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HOW TO PLAY:

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DIAGRAM:

RULES: