



Curriculum Ring 4b: Respect & Equality



“Sport is a great equalizer that can build bridges, transcend borders and cultures, and render even the fiercest conflicts temporarily irrelevant.”

Richard Attias

Ring 4b

RESPECT + EQUALITY

Equality Paralympics

Women in Sport

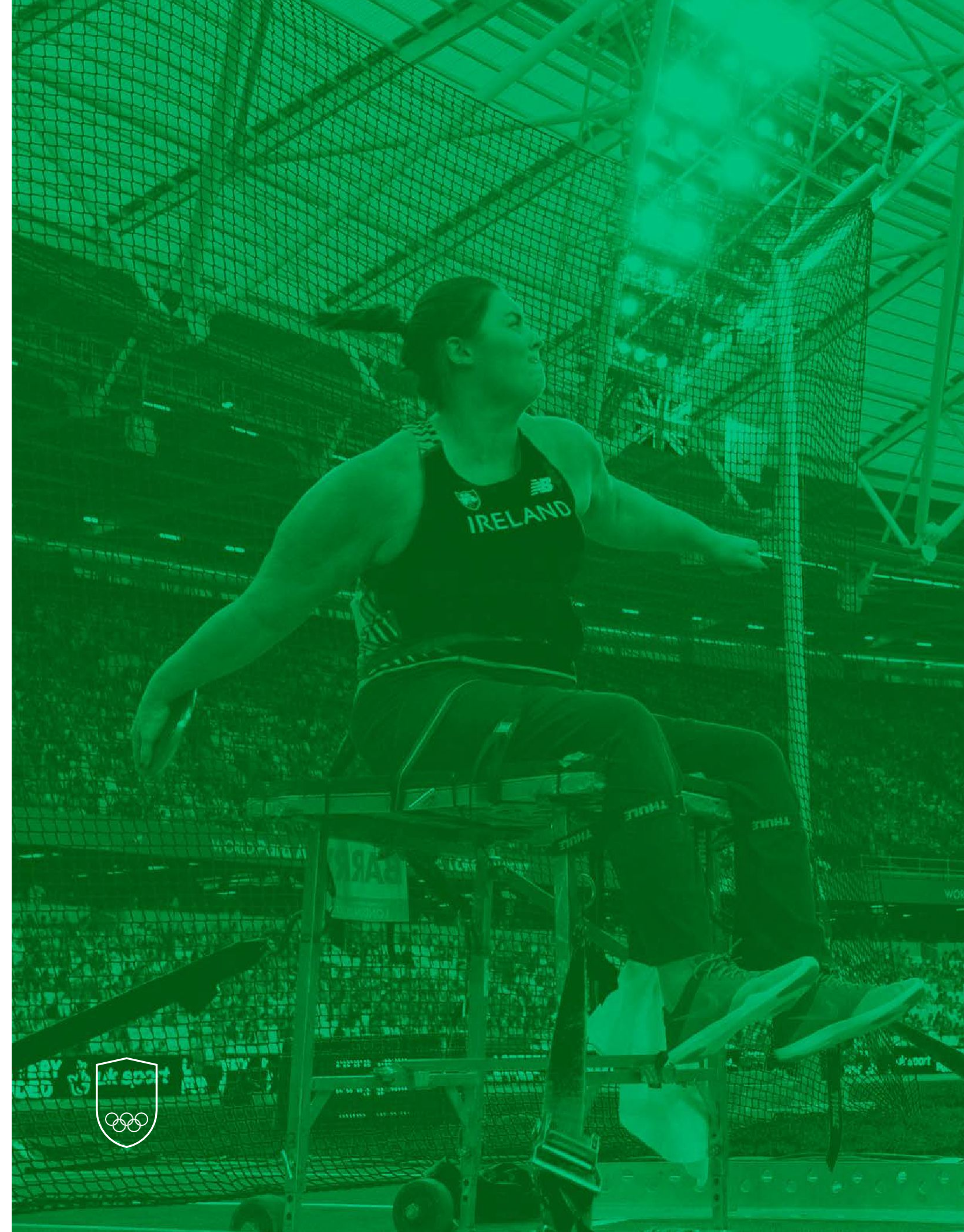
Sexual Orientation

Gender

Socioeconomic Conditions

Protests and Activism at the Olympics

Courage to Call it Out





Equality

Everyone has basic rights and emotional needs regardless of their race, religion, ability or sexuality. The idea of commonality, despite our differences means creating an equal society, which promotes opportunities for all. We are all different but uniqueness is a beautiful thing. If we were all the same the world would be a much less advanced and beautiful place



Class Questions & Discussion

Why is equality important?

What are some physical and social barriers that people face?

What can you do to help someone facing barriers?

How do you think someone that is not being treated equally feels?

Paralympics



Paralympics



Paralympics

Paralympic Sport acts as an agent for change to break down social barriers of discrimination for persons with an impairment.

Class Activity



In small groups discuss your reactions to the two different videos you just watched.

What surprised you?

What do you think of the two different portrayals of paralympic athletes and people with disabilities? What do you think of the labels “Superheroes” and “Special”?

Do you recognise the athlete shown on this slide? Do you think she gets treated equally to other successful Irish athletes?



Impairments eligible for Paralympic Sports



**Impaired
muscle
power**



**Impaired
positive
range of
movement**



**Impaired
muscle
power**



**Leg
length
differences**



**Short
Stature**



**Hypertonia,
Athetosis,
Ataxia**



**Vision
impairment**

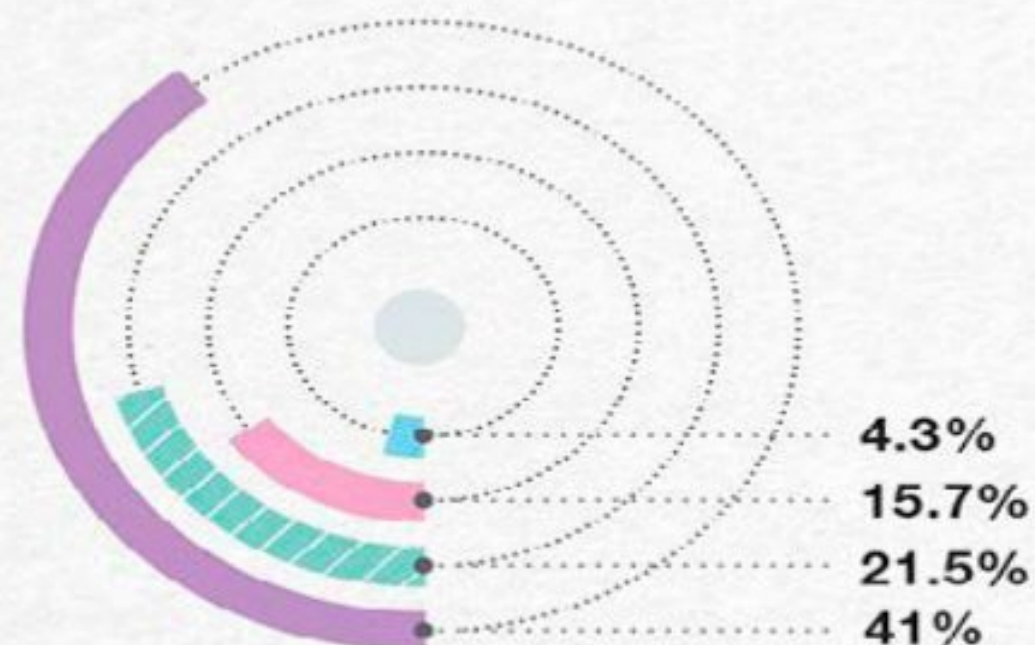


**Intellectual
impairment**

Women in Sport

For a long time women were not allowed to compete in sports. Women were not allowed to compete in the Ancient Games and again when the Modern Olympics began in 1896. However, the International Olympic Committee has called the Tokyo Games the most gender equal Games of all time, with women comprising a record-breaking 49 per cent of participants.

FEMALE PARTICIPATION AT THE
OLYMPIC WINTER GAMES



- Chamonix 1924
- Oslo 1952
- Sarajevo 1984
- PyeongChang 2018

FEMALE PARTICIPATION AT THE
OLYMPIC GAMES



- Paris 1900
- London 1948
- Los Angeles 1984
- Tokyo 2020

Class Activity



[Read more](#) about 10 women who have paved the way for equality for women in sports. Break into small groups and pick 1-2 to read about and then share with the class.



Class Questions & Discussion

Do women have the same opportunities as men in sport?

[20 x 20 Irish initiative by Along Came a Spider & The Federation of Irish Sport](#) aimed to increase the media coverage of women's sport to 20% of the news.

Is this fair? Is this enough? What do you think?

[Women in Sport](#) - *Irish policy to increase number of women in sport in Ireland.*



Sexual Orientation

Many school and sport environments remain unwelcoming, and even unsafe, for LGBTQ+ (Lesbian, Gay, Bisexual, Transgender, Transsexual, Two Spirit, Queer and Questioning) children and youth.

Results from research in Canada found:

- **64% of LGBTQ+ students feel unsafe at school.**
- **70% of all students heard derogatory remarks at school everyday.**
- **74% of trans students, 55% of sexual minority students, and 26% of non-LGBTQ+ students reported having been verbally harassed about their gender expression.**
- **21% LGBTQ+ students reported being physically harassed or assaulted due to their sexual orientation**



[Canada's #OneTeam Initiative](#)

Additional Resources



[Belongto.org](https://belongto.org)

*Supporting lesbian, gay, trans
young people in Ireland*



[Being LGBT In School](#) (PDF)



[Olympics Pride House](#) (Link)

Gender

Differences of Sex Development Athletes

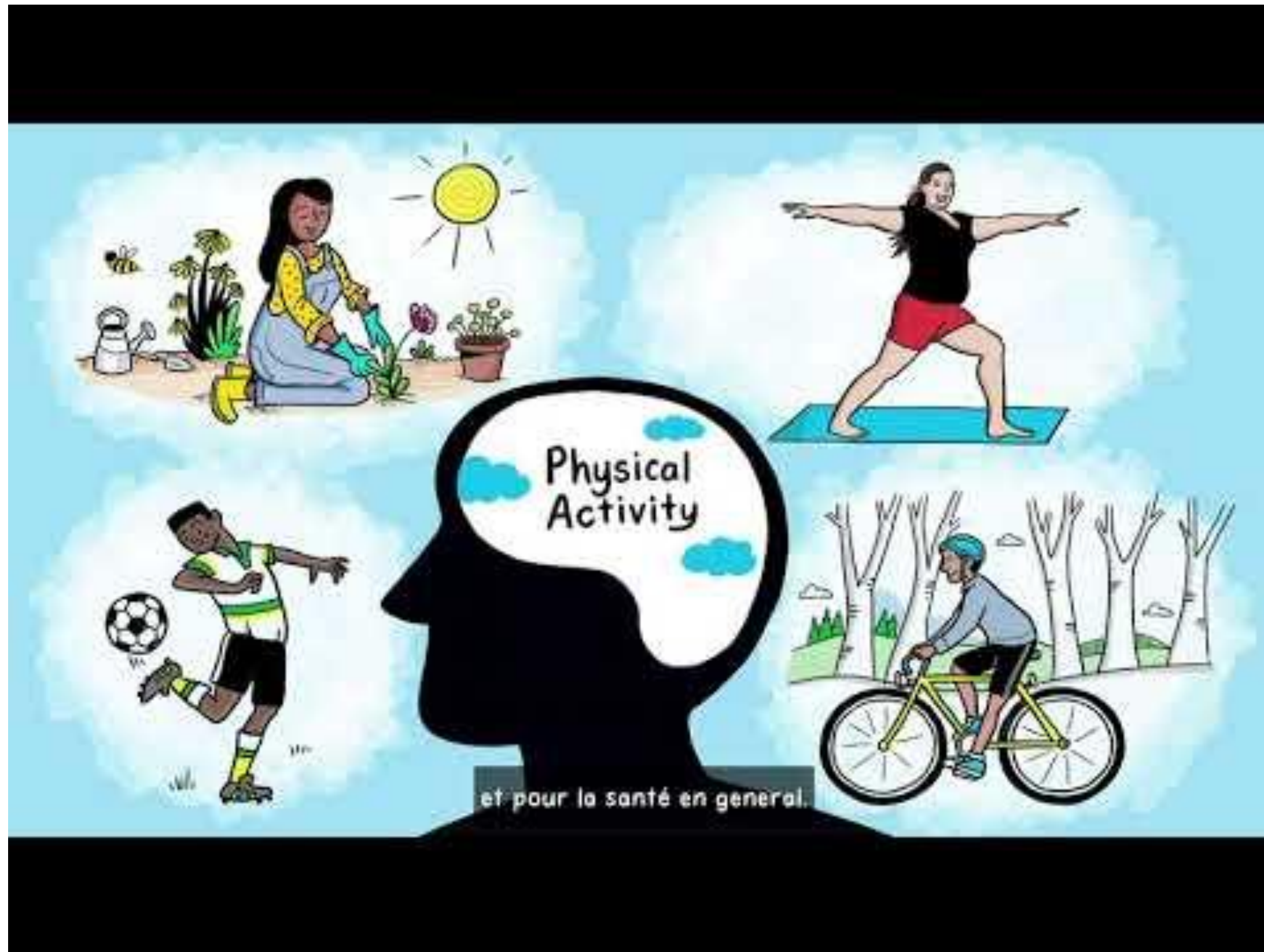
People with “differences of sex development” (DSD) have naturally high levels of testosterone. This is a delicate and difficult issue for sport internationally to handle, high profile cases like that of Caster Semenya have caused a lot of discussion and debate.

Transgender Athletes

A number of Transgender athletes are increasingly visible in international sport this is a separate issue that is generating a lot of discussion and debate within sport, recognising the need for inclusion while also protecting the integrity of competition.



Socioeconomic Conditions



Socioeconomic Conditions



Class Questions & Discussion

What do you think about the video Trauma & Violence-Informed Physical Activity?

There are economic and social factors prevent people from having fair access to sport and physical exercise.

What are some ways to make sport accessible to more people?



yellowflag.ie *(Link)*

[Sanctuary Runner](#) *(Link)*

[SARI](#) *(Link)*

[Show Racism the Red Card](#) *(Link)*

Sport and Politics



- Sport & Politics are invariably intertwined. The premise of the Olympic Games has always been that it is a time when nations gather together to compete peacefully.
- [The Olympic Charter](#), which is an agreement signed by all participants at the Olympics, **does not allow for Olympic venues to be a platform for political protest**, and that instead they should be areas preserved for performance.
- Some people argue that athletes should be allowed to use these venues to express their personal views or to demonstrate support for causes, and others feel that protests in these areas detract from sport, and by allowing protests, you are potentially opening these platforms for less noble demonstrations

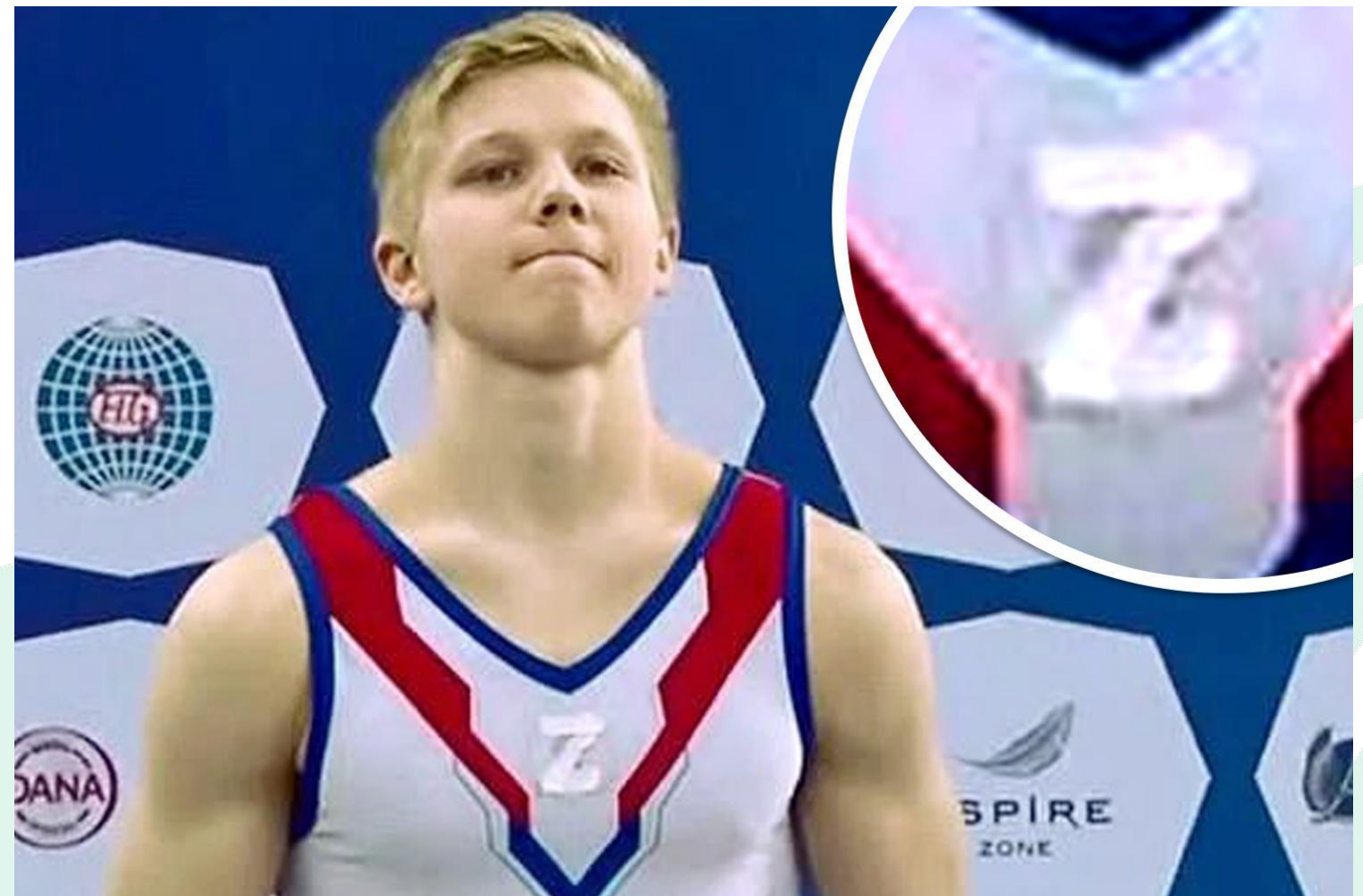
Political Activism at the Olympics

📺 [Watch the story of](#)
Olympian, Peter O'Connor (1906)

*Forced to compete for Britain instead of Ireland
Peter O'Connor won the triple Jump & he
protested by climbing the flagpole and waving
an Irish flag —the first time that sport became
politicized in an International context*



[Read about a Russian Gymnast
who in 2022 wore a Z to support the Russian
invasion of Ukraine.](#)



Protests and Activism at the Olympics



[Read the story](#) of *Tommie Smith and John Carlos (1968)*

“You can call it a protest, a demonstration, a revolution,” he says. “For me, it was a cry for freedom.”



[Read why some Formula 1 drivers decided not to kneel in support of the Black Lives Matter movement in 2020.](#)

Protests and Activism continued



Class Discussion

Discuss the 4 protests in the past 2 slides.

- How do you feel about each of the protests shown?
- What if some doesn't want to mix sport and politics and by not protesting are they in effect making a statement?



Class Activity

Match the words below to the definition or take the quizlet. [Quizlet](#)

Microaggression

Are those who have been subjected to racial or ethnic prejudice or cultural bias within society because of their identities as members of groups and without regard to their individual qualities. The social disadvantage stems from circumstances beyond their control.

**Socially
Disadvantaged**

Refers to certain social advantages, benefits, or degrees of prestige and respect that an individual has by virtue of belonging to certain social identity groups.

Privilege

The everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, which communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership.

Racism

Someone who has been forced to flee his or her country because of persecution, war, or violence.

Asylum seekers

A person who has left their home country as a political refugee and is seeking asylum in another country (refugees in waiting).

Refugee

Is a system of advantage and disadvantage based on the socially constructed category of race. It exists in many forms, systemic, institutional, cultural, interpersonal/individual, covert and overt.