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Ring 1: Olympic & Paralympic Games

Slide #1-4: Outline of Ring 1: OLYMPIC & PARALYMPIC GAMES

Recap of Tokyo 2021

Olympic Trivia Quiz

Ancient + Modern Games,

Olympism + Olympic Values

Sustainable Development Goals

Slide #5: Tokyo Recap

Video Highlights from Tokyo 2020 ~3m50s



**CLASS
QUESTION:**

*Who tuned in over the Summer? What was your favourite event to watch?
Who are your favourite Irish athletes? Who is your favourite Olympian?*

Slide #6: Olympic Trivia Quiz

1. Where did the Ancient Olympics start? Olympia, Greece
2. When were the ancient games held? 8th century B.C. to the 4th century A.D.
3. Were women allowed to compete in the ancient games? No
4. How long is an Olympiad? 4 years
5. When did the Modern Olympic Games begin? 1896
6. Where were the first Modern Olympic Games held? Athens, Greece
7. How many people watched the London Olympic Games in 2012? 4.8billion
8. Approximately how many athletes overall competed at the Tokyo Olympic Games? 11,000
9. How many Olympic medals has Ireland won? 35
10. Where did the Winter Olympics start in 1924? Chamonix, France
11. What's does the motto Citius, Altius, Fortius, Communiter mean? Faster, Higher, Stronger, Together
12. Art was once a competition in the Olympics True
13. When did the Paralympics begin? 1960
14. What do the Olympic rings represent? The World's 5 Continents united by Olympism

Slide #7-9: Ancient + Modern Games

Ancient Games video ~ 3min 20ss

Slide #8

Incredible History of the Olympic Games ~11mins



**CLASS
QUESTION:**

*Did you notice the first winner of the modern Olympic Games was USA's James Connolly? His parents were from the Aran Islands!
https://en.wikipedia.org/wiki/James_Brendan_Connolly*

Slide #9

History of the Paralympics ~5mins

Slide #10-15: Olympism + Olympic Values

The Olympic Creed: "The important thing in life is not the triumph, but the fight; the essential thing is not to have won, but to have fought well." Pierre de Coubertin (Founder of the Modern Olympics)

**CLASS QUESTION:**

According to the quote, what does the Olympic movement value?
eg. Winning? Effort? Excellence?

Slide #12-15

- Olympism + Aims of the Olympic Movement
- List of Olympic Values
- List of Paralympic Values

**CLASS QUESTION:**

What do the Olympic & Paralympic values mean to TY students in Ireland? What do you think Irish society values most? What about in your school? What about your family? Why is important to identify your values?

**CLASS QUESTION:**

Transition Year Top Values. Everyone submit their top 2 values and what they mean to them (they can differ from the Olympic & Paralympic values). Count the results.

**BONUS IDEA:**

Make a list of class's top values and hang it up in your classroom.

Slide #16-20: Sport and the Sustainable Development Goals

Sport's role in Changing the world.

**CLASS QUESTION:**

Who is this? A. Nelson Mandela. Q. Do you agree with the statement? Why, why not?

**VIDEO:**

Sustainable Development Goals ~2m47s

The 17 Sustainable Development Goals (SDGs), also known as the Global Goals, were adopted by the United Nations in 2015 as a universal call to action to end poverty, protect the planet, and ensure that by 2030 all people enjoy peace and prosperity. source www.undp.org

**CLASS QUESTION:**

How do you think sport plays a role in these global goals?

**CLASS ACTIVITY:**

Give every student a number 1-17 and have them read the ways that sport plays a role in the SDG 2030. Have everyone share one point with the class.

**PRINTOUT:**

Sport for SDG

Slide #21: Reflection Question

- What did you think about this ring?
- What did you like most about it?
- What did you least like about it?
- What's something you'd like to remember?

